

28 DAY MONTHLY “MOM HACKS”

M	T	W	T	F	S	S
Wake up before your kids	Online Shopping for groceries	Run robot vacuum daily	Store Clorox wipes behind toilets	Individual play	Run dishwasher every night	Unload dishwasher every morning
Race the Clock	Go outside every day	Exercise daily	Toy Jail	Buy Folex Carpet Cleaner	Buy trash bags for car	Use dry shampoo
Turn OFF notifications	Make your bed daily	Use shoe hangers for kids clothes	Wash one load of laundry per day	Reduce time on social media	Use a daily kids checklist	Make short realistic to-do lists
Think Functionally	Declutter / purge / organize weekly	Switch to containers that are functional	Get yourself ready everyday	store baby wipes in every bathroom	Double layer kids sheets	Sleep Schedules for babies & kids

NOTES